All-County Band Audition Workshop for Middle School Music Students

Led by certified teen life coach and professional clarinetist/teacher

Marianne Breneman from Mindful Health and Harmony LLC

Saturday October 8th and Saturday October 15th from 10:00 am-12:00 pm

\$69 for one day/\$99 for both days

Registration is required; no refunds due to limited space Ideally, participants would attend both for maximum preparation

Day 1: scales, sight-reading, confidence-building exercises, practice technique, and playing in front of others.

Day 2: solo pieces and touch-ups from the prior week. All participants will have the opportunity to play their entire audition straight through for practice. Each participant gets a notebook and a video of their performance in the workshop.

The number one thing that makes a successful audition (after preparation, of course) is **CONFIDENCE**. Marianne's decades of music teaching and her training as a life coach for teens allows her to guide kids to feeling more comfortable with auditions and having more joy with music! These skills transfer to test-taking, sports tryouts, public speaking, making new friends and more!

www.MindfulHealthAndHarmony.com



